

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Seniors' Resource Center Adult Day and Respite Program Lunch Menu</p>				Closed for Teepa Snow 1
Closed	4 Cheeseburger Wheat Bun French Fries Corn House Salad Cheesecake w/Berries	5 Chicken and Mushrooms Rice Pilaf Peas and Carrots House Salad Dinner roll 2x Creampuffs	6 BBQ Pork Sliders Sweet Potato Fries Corn O' Brian House Salad Dinner roll 2x Chocolate Cream Pie	7 Toasted Ham and cheese on wheat bread Tomato Soup Fresh Veggie Medley House Salad Pineapple
Chicken ala King Cauliflower & Peppers Rice Pilaf House Salad Dinner roll Carrot Cake	11 Pasta With meat sauce Fresh Veggie Medley House Salad Dinner roll Very Berry Shortcake	12 Chicken Strips Black Beans Calavasitas House Salad Dinner roll 2x Pears	13 Chicken soft Taco Spanish Rice Refried Beans House Salad Dinner roll Churros	14 Roast Beef and cheese On Wheat bread French Fries Snap peas House salad Cup Cakes
18 Cheeseburger Wheat Bun Fresh Veggie Medley House Salad Dinner Roll Tropical fruit cup	19 Pot roast Yukon Gold potatoes Braised Veggies House Salad Dinner Roll 2x Chefs Choice Dessert	20 Orange Chicken Oriental Veggies Rice House Salad Dinner roll Pears	21 Roast Pork Loin Duchess potatoes Sweet and sour Cabbage House Salad Dinner roll 2x Mellon Cup	22 Baked fish fillet French fry's Vegetable medley House Salad Dinner Roll 2x Pudding
25 Mushroom chicken Mixed Veggies Wild Rice House Salad Dinner roll Angel food cake w/blueberry's	26 Ham Steak Hawaiian Smashed potatoes Broccoli House Salad Dinner roll Fruit cup	27 Chicken Parmigianino Pasta w/ Alfredo Sauce Sautéed Zucchini House Salad Dinner roll Éclair Cake	28 Pork Chops Apple sauce Broccoli Orzo pasta House Salad Dinner Roll Cupcakes	29 Toasted Turkey and Provolone on wheat bread Tomato Soup Fresh Veggie Medley House Salad Pineapple

Seniors Resource Center Adult Day Participates in a USDA Funded Program and is an equal opportunity Employer. Milk is offered with every meal.