

SRC's ADR Activities, March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST, LUNCH & SNACKS DAILY EXERCISE, STRETCHING, YOGA, AND/OR BALANCE WORK DAILY PET VISITORS WEEKLY				1 FULL MOON! 9:00AM EARLY RISERS 9:30AM VAN & KATIE 10:00AM NEWS & NOTES 10:30AM NAMES/MEANINGS 11:00AM STRETCH/BALANCE 2:30PM SNACKTIME 3:00PM MARCH FACTS	2 9:00AM EARLY RISERS 10:00AM FRIDAY CARDIO 10:30AM FIRST RUN MOVIE!! 12:45PM BINGO! 2:00PM 2ND RUN! with POPCORN 2:30PM MESSAGES w/ AMBER	3
4 COLOR CODES BLUE: LIVE MUSIC GREEN: BUSTRIP RED: SPECIAL EVENT	5 9:00AM BREAKFAST CLUB 10:30AM MONDAY MOVING 11:00AM MEDITATION 1:30PM CRAFT TIME 2:30PM SNACKTIME 3:00PM POETRY	6 9:00AM EARLY RISERS 9:30AM CARLY & JEAN 10:00AM CURRENT EVENTS 10:30AM WEIGHTS WORKOUT 11:00AM TOM T. SINGS! 1:00PM COFFEE NEWS 2:30PM SNACKTIME 3:00PM HAND CARE	7 FOOT CLINIC 9:00AM EARLY RISERS 10:00AM BALLOON V-BALL & STRETCHING! 11:00AM ROCKY & MARY 1:00PM MEMORIES IN PAINT 2:30PM SNACK & CHAT ABOUT GIRLS SCOUTS	8 FOOT CLINIC 9:00AM EARLY RISERS 9:30AM VAN & KATIE 10:30AM LIBRARY VISIT 10:30AM MAKE ME PROUD 11:00AM STRETCH/BALANCE 1:00PM MAILYN'S MUSIC 2:30PM SNACKTIME 3:00PM CARDS & GAMES	9 9:00AM EARLY RISERS 10:30AM HOVMANYWORDS? 11:00AM FRIDAY CARDIO 12:45PM DEK & BRONWYN 2:30PM SNACKTIME 3:00PM TIME TRAVEL \$	10
11	12 9:00AM BREAKFAST CLUB 10:00AM WHAT'S UP?? 10:30AM MONDAY MOVERS 11:00AM OUT TO LUNCH! 1:30PM SHOW & TELL 2:30PM SNACKTIME 3:00PM BIRDS!!!	13 9:00AM EARLY RISERS 10:30AM GOOD SAMARITANS 11:00AM WEIGHTS WORKOUT 1:00PM FARKLE 2:30PM SNACKTIME 3:00PM GEOGRAPHY	14 9:00AM EARLY RISERS 10:00AM HAND CARE 10:30AM STRETCHING! 11:00AM ROCKY & MARY 1:00PM MEMORIES IN PAINT 2:30PM SNACK & CHAT 3:00PM IDOMS	15 9:00AM EARLY RISERS 9:30AM VAN & KATIE 10:30AM ACADEMY KIDS! 11:00AM STRETCH/BALANCE 1:00PM CONRAD SINGS! 2:30PM SNACKTIME 3:00PM STORY SHARE	16 TOP 'O THE MORNIN' 9:00AM EARLY RISERS 10:00AM THE RAINBOW & THE POT 'O GOLD 11:00AM FRIDAY CARDIO 12:45PM SIMON'S MAGIC 2:30PM SNACKTIME 3:00PM LORE OF IRELAND	17
18	19 9:00AM BREAKFAST CLUB 10:15AM MORNING MOVIE 10:30AM HEATHER & DIER 2:00PM MONDAY MOVING 2:30PM SNACKTIME 3:00PM GRADEN PLOTTING	20 SPRING EQUINOX 9:00AM EARLY RISERS 10:00AM CATEGORIES 10:30AM WEIGHTS WORKOUT 11:00AM ARDEN ON PIANO 1:00PM EQUINOX CRAFT 2:30PM SNACKTIME 3:00PM BOARD GAMES	21 9:00AM EARLY RISERS 10:00AM NOTEWORTHY 10:30AM STRETCHING! 11:00AM KIM'S MUSIC 1:00PM MEMORIES IN PAINT 2:30PM SNACK & CHAT 3:00PM MUSIC WORD GAME	22 9:00AM EARLY RISERS 9:30AM VAN & KATIE 10:30AM OSCAR VISIT! 10:30AM HAND CARE 11:00AM STRETCH/BALANCE 1:00PM IMAGINATION HOUR 2:30PM SNACKTIME 3:00PM FAVORITES	23 9:00AM EARLY RISERS 10:00AM NEWS & NOTES 10:30AM ECHO THRIFT 11:00AM FRIDAY CARDIO 12:45PM SING ALONG with RICHARD 2:30PM SNACKTIME 3:00PM RUMMICUBE	24
25	26 9:00AM BREAKFAST CLUB 10:00AM NEWS & NOTES 10:30AM JUDY'S TRAVEL \$... 11:00AM MONDAY MOVING 1:30PM BAKE-OFF 2:30PM SNACKTIME 3:00PM HAND MASSAGE \$	27 9:00AM EARLY RISERS 10:00AM CURRENT EVENTS 10:30AM HOOPLA 11:00AM WEIGHTS WORKOUT 1:00PM SCRAPBOOKING 2:30PM SNACKTIME 3:00PM CROSSWORD PUZZLE	28 9:00AM EARLY RISERS 10:00AM ART GOES HOME 10:30AM STRETCHING! 10:30AM MTN RIDE! 11:00AM ROCKY & MARY 1:00PM MEMORIES IN PAINT 2:30PM SNACK & CHAT 3:00PM ROOM RE-DO	29 9:00AM EARLY RISERS 9:30AM VAN & KATIE 10:00AM HOROSCOPE \$ 10:30AM STRETCH/BALANCE 11:00AM DEK & BRONWYN 1:00PM ADVICE FOR MH 2:30PM SNACKTIME 3:00PM PUZZLES	30 9:00AM EARLY RISERS 10:00AM HAND CARE 11:00AM FRIDAY CARDIO 12:45PM ARDEN ON PIANO 2:00PM STORY SHARE 2:30PM SNACKTIME 3:00PM WORD FINDINGS	31

All Activities are subject to change.