


SRC's ADR Activities, December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast, Lunch & Snacks Daily Exercise, Yoga, Weights Workout &/or Stretching Daily Pet visitors Weekly					1 9:00AM EARLY RISERS 10:00AM HAND CARE 10:30AM BALANCING ACT 10:30AM ROCKY & MARY 11:00AM CARD TALK 11:30AM HOLIDAY SHOP!! 2:30PM SNACK HOUR	2
3 COLOR CODES BLUE: LIVE MUSIC GREEN: BUSTRIP RED:SPECIAL EVENT	4 9:30AM SET UP THE TREE! 10:30AM MONDAY MOVING 11:00AM JERRY SINGS 1:00PM HAND CARE 2:00PM SORT ORNAMENTS 2:30PM SNACKING & DECORATING	5 9:00AM EARLY RISERS 10:00AM DECORATION DECISIONS 11:00AM WEIGHTS WORKOUT 1:00PM VILLAGE SET-UPS 2:30PM SNACKTIME 3:00PM LIFESHARE GAMES	6 FOOT CLINIC 10:30AM CARDIO 11:00AM MUSIC W/ KIM 1:00PM MEMORIES IN PAINT 2:00PM TOUCHING UP 2:30PM GAMES & SNACKS 3:00PM FINISHING TOUCHES	7 9:30AM VAN & KATIE 10:00AM NEWS OF NOTE 10:00AM STRETCH/BALANCE 10:30AM SING W/ RICHARD 2:00PM HOOPLA 2:30PM SNACK HOUR 3:00PM DOMINOS	8 9:00AM EARLY RISERS 10:15AM HOLIDAY SHOP! 11:00AM FRIDAY CARDIO 12:45PM SING w/ HANS! 2:00PM WORD SALAD 2:30PM SNACK HOUR 3:00PM RECIPE HUNT	9
10	11 9:00AM BREAKFAST CLUB 10:15AM MORNING MOVIE: 1:00PM STRETCH & DIGEST 1:30PM JEWELRY CRAFTS 2:30PM SNACKTIME 3:30PM RUMMICUBE	12 9:00AM EARLY RISERS 10:00AM CURRENT EVENTS 10:30AM STARR VISITORS 11:00AM SHARE TRADITIONS 1:00PM JEWELRY CRAFTS 2:30PM SNACKTIME 3:00PM HAND CARE	13 FOOT CLINIC 9:00AM BREAKFAST CLUB 10:30AM CARDIO 1:00PM MEMORIES IN PAINT 2:15PM BINGO!! with SNACKS 3:00PM CARD GAMES	14 9:30AM VAN & KATIE 10:15AM STRETCH/BALANCE 11:00AM LUNCH BUNCH 1:30PM MAILYN'S MUSIC 2:00PM SHOW & TELL 2:30PM SNACK HOUR 3:00PM ADIO NURSES!	15 10:00AM HOLIDAY MOVIE! 12:45PM DEREK & BRONWYN 2:00PM BALLOON V-BALL AND KICKBALL! 2:15PM AMBER'S MASSAGE 2:30PM SNACK HOUR 3:00PM NUTCRACKER	16
17	18 9:00AM CURRENT EVENTS 10:30AM MONDAY MOVING 11:00AM DEREK & BRONWYN 1:00PM FAERIES by TAMI 2:00PM BAKE PUMPKIN PIE 2:30PM SNACK/ SCRABBLE	19 9:00AM EARLY RISERS 10:30AM WEIGHTS WORKOUT 10:30AM ACADEMY KIDS 11:00AM ARDEN ON PIANO 1:00PM HOLIDAY BINGO! 2:30PM SNACKTIME 3:00PM CATEGORIES	20 9:00AM BREAKFAST CLUB 10:30AM CARDIO 11:00AM EVERSONG! 1:00PM MEMORIES in the MAKING 2:30PM SNACKTIME 3:00PM HOLIDAY VIDEO	21 9:30AM VAN & KATIE 10:00AM HAND CARE 11:00AM STRETCH/BALANCE 1:00PM CONRAD SINGS 2:00PM DECORATE COOKYS 2:30PM SNACK HOUR 3:00PM WINTER SOLSTICE	22 10:00AM MORNING SOCIAL 10:45AM SANTA ARRIVES!! 12:45PM TOM BIASI PIANO! 2:00PM 'Twas THE NIGHT... 2:30PM SNACK HOUR & PASTIMES	23
24 	25 MERRY CHRISTMAS!	26 HAPPY BOXING DAY!!	27 9:00AM BREAKFAST CLUB 10:00AM HAND CARE 10:30AM HOLIDAY RIDE! 1:00PM MEMORIES IN PAINT 2:00PM POETRY HOUR 2:30PM SNACK & CHAT	28 9:30AM VAN & KATIE 10:30AM HAND CARE 11:00AM STRETCH/BALANCE 1:15PM SENSORY TRAY 2:30PM SNACK HOUR 3:00PM CHICKEN SOUP	29 9:00AM EARLY RISERS 10:30AM HOWMANYWORDS? 11:00AM FRIDAY CARDIO 12:45PM IGNITE! ORCHESTRA 2:30PM SNACK HOUR 3:00PM A LOOK BACK...	30
31	HAPPY NEW YEAR!!!!					

All Activities are subject to change.