

# SRC's ADR Activities, November 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast, Lunch & Snacks Daily Stretching, Yoga, Weights, Balance work and/ or Cardio Daily Pet visitors Weekly & Live music weekly			<b>1</b> 9:00AM EARLY RISERS 9:30AM LEGEND OF SLEEPY HOLLOW 10:00AM LIFE STORIES 11:00AM STRETCHING 1:00PM MEMORIES IN PAINT 2:00PM SCRAPBOOKING 2:30PM SNACK HOUR 3:00PM ALT GIFT WORK	<b>2</b> 9:00AM EARLY RISERS 9:30AM VAN & KATIE 10:00AM NOVEMBER FACTS 10:30AM STRETCH/BALANCE 11:15AM LUNCH BUNCH 1:30PM MEET THE NURSES 2:30PM SNACK & CHAT 3:00PM SHOW & TELL	<b>3</b> 9:00AM EARLY RISERS 10:00AM CURRENT EVENTS 10:30AM HAND CARE 11:00AM FRIDAY CARDIO 12:30PM BINGO!! 1:45PM GAMES w/ KIDS! 2:30PM SNACK HOUR 3:00PM ALT GIFT WORK	<b>4</b>
<b>5</b> COLOR CODES BLUE: LIVE MUSIC GREEN:TRIP OUT RED:SPECIAL EVENT	<b>6</b> 9:00AM EARLY RISERS 10:00AM HAND CARE 10:30AM MONDAY MOVERS 11:00AM MEDITATATION 1:15PM JUDY'S ISRAEL 2:30PM SNACKTIME 3:00PM ALT GIFT WORK	<b>7</b> 9:00AM EARLY RISERS 10:00AM HANGMAN 10:30AM WEIGHTS WORKOUT 11:00AM JERRY SINGS 1:00PM SCENIC RIDE 2:30PM SNACK TIME 3:00PM FARKLE	<b>8</b> 9:00AM EARLY RISERS 10:00AM COMEDY HOUR 10:30AM STRETCHING 11:00AM ROCKY & MARY 1:00PM MEMORIES IN PAINT 2:30PM SNACK HOUR 3:00PM ALT GIFT WORK	<b>9</b> FOOT CLINIC 9:00AM EARLY RISERS 9:30AM VAN & KATIE 10:00AM HOOPLA 11:00AM STRETCH/BALANCE 1:00PM ALT GIFT WORK 2:30PM SNACK & CHAT 3:00PM MILITARY JEOPARDY	<b>10</b> 9:00AM EARLY RISERS 10:00AM CURRENT EVENTS 10:30AM ALT GIFT WRAP-UP 11:00AM FRIDAY CARDIO 12:30PM NATIVE AMERICAN JEWELRY 2:30PM SNACK HOUR 3:00PM WORD FINDERS	<b>11</b> ALTERNATIVE GIFT FAIR @ EVERGREEN LUTHERAN CHURCH 9AM - 4PM
<b>12</b> ALTERNATIVE GIFT FAIR @ EVERGREEN LUTHERAN CHURCH 9AM-3PM	<b>13</b> 9:00AM EARLY RISERS 10:00AM GIFT UPDATES 10:30AM EVERGREEN ACADEMY KIDS 11:00AM MONDAY MOVING 1:00PM CHICKEN SOUP FOR THE SOUL 2:30PM SNACKTIME 3:00PM KINGS/CORNER	<b>14</b> 9:00AM EARLY RISERS 10:00AM NEWS OF NOTE 10:30AM WEIGHTS WORKOUT 11:00AM DEREK & BRONWYN 1:00PM HAND CARE & HANGMAN 2:30PM SNACK TIME 3:00PM PHILANTHROPY!	<b>15</b> 9:00AM EARLY RISERS 10:00AM CATEGORIES 10:30AM STRETCHING 11:00AM ROCKY & MARY 1:00PM MEMORIES IN PAINT 2:00PM SCAVENGERS' LIST 2:30PM SNACK HOUR 3:00PM GEOGRAPHY	<b>16</b> 9:00AM EARLY RISERS 9:30AM VAN & KATIE 10:00AM CRAFT A MOVIE 11:00AM STRETCH/BALANCE 1:00PM MAILYN'S MUSIC 2:30PM SNACK & CHAT 3:00PM VIDEO HOUR!	<b>17</b> 9:00AM EARLY RISERS 10:30AM SCAVENGER HUNT 12:30PM BINGO! 2:00PM SHOW & TELL 2:30PM SNACK HOUR 3:00PM WORD PUZZLES	<b>18</b>
<b>19</b>	<b>20</b> 9:00AM EARLY RISERS 10:30AM MORNING MOVIE: TAKING REQUESTS 1:00PM BAKE A PIE! 2:00PM MONDAY MOVING 2:30PM SNACKTIME 3:00PM SOCIAL HOUR	<b>21</b> 9:00AM EARLY RISERS 10:00AM LIFESHARE WORDS 10:30AM WEIGHTS WORKOUT 11:00AM MUSIC W/ KIM 1:00PM POETRY: READ & WRITE 2:30PM SNACK TIME 3:00PM SPA STUFF!	<b>22</b> 9:00AM EARLY RISERS 10:00AM NEWS HOUR 10:30AM STRETCHING 11:00AM ROCKY & MARY 1:00PM MEMORIES IN PAINT 2:00PM HAND CARE 2:30PM SNACK HOUR 3:00PM THANKFUL MEMORIES	<b>23</b> HAPPY THANKSGIVING	<b>24</b> 3:00PM SHOP SMART!!	<b>25</b>
<b>26</b>	<b>27</b> 9:00AM EARLY RISERS 10:00AM MONDAY MOVING 10:30AM DAY TRIPPERS 1:00PM HOWMANYWORDS? 2:30PM SNACKTIME 3:00PM SHOW & TELL	<b>28</b> 9:00AM EARLY RISERS 10:00AM NEWS & NOTES 10:30AM WEIGHTS WORKOUT 11:00AM ARDEN ON PIANO 1:00PM TRADITIONS 2:30PM SNACK TIME 3:00PM CARDS/GAMES	<b>29</b> 9:00AM EARLY RISERS 9:30AM ROCKY & MARY 10:00AM STRETCHING 10:45AM TRAVELOGUE WITH PETER 1:00PM MEMORIES IN PAINT 2:30PM SNACK HOUR 3:00PM CLIENTS' CHOICE!	<b>30</b> 9:00AM EARLY RISERS 9:30AM VAN & KATIE 10:00AM HAND CARE 10:30AM MAKE A WISH 11:00AM STRETCH/BALANCE 1:00PM CONRAD SINGS! 2:30PM SNACK & CHAT 3:00PM DECEMBER EVE!		

All Activities are subject to change.