


SRC's ADR Activities, October 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 BREAKFAST, LUNCH & SNACKS DAILY EXERCISE, YOGA, WEIGHTS OR BALANCE PET VISITORS WKLY	2 9:00AM EARLY RISERS 9:30AM MARY & ROCKY 10:00AM OCTOBER FACTS 10:30AM MONDAY MOVING 11:00AM DEREK & BRONWYN 1:00PM HAND CARE 1:30PM MMM APPLE BUTTER 2:30PM SNACKTIME	3 9:00AM EARLY RISERS 10:00AM CURRENT EVENTS 10:30AM ECHO LAKE LODGE 2:00PM WEIGHTS WORKOUT 2:30PM SNACK TIME & SLIDE SHOW	4 9:00AM EARLY RISERS 10:15AM FRIED GREEN TOMATOS 1:00PM MEMORIES IN PAINT 2:00PM STRETCHING 2:30PM SNACK HOUR 3:00PM BEADING	5 9:00AM EARLY RISERS 9:30AM VAN & KATIE 10:00AM WELCOME DSN! 11:00AM STRETCH/BALANCE 1:00PM TOM & GILLY 2:00PM LAUGH OUT LOUD 2:30PM SNACK & CHAT 3:00PM WEAVERS	6 9:00AM EARLY RISERS 10:00AM TGIF TALK 10:30AM REIKI INFORMATION 11:00AM FRIDAY CARDIO 12:30PM BINGO! 2:00PM TABLE TOPICS 2:30PM SNACK HOUR 3:00PM FARKLE!	7
8 COLOR CODES BLUE: LIVE MUSIC GREEN: TRIPS OUT RED: SPECIAL EVENT	9 9:00AM EARLY RISERS 10:00AM SORTING STONES 10:30AM MONDAY MOVING 11:00AM JERRY SINGS 1:00PM BAKE DOG BISCUITS 2:30PM SNACKTIME 3:00PM JIGSAW	10 9:00AM EARLY RISERS 10:00AM HAND CARE 10:30AM EVERGREEN ACADEMY ACADEMY 11:00AM WEIGHTS WORKOUT 1:00PM SHOW & TELL 2:30PM SNACK TIME 3:00PM MASSAGE TIME	11 9:00AM EARLY RISERS 9:30AM ROCKY & MARY 11:00AM STRETCHING 1:00PM STONE NECKLACES 1:00PM MEMORIES IN PAINT 2:00PM HOW MANY WORDS? 2:30PM SNACK HOUR	12 9:00AM EARLY RISERS 9:30AM VAN & KATIE 10:00AM NEWS & NOTES 10:30AM HANGMAN 11:00AM STRETCH/BALANCE 1:00PM MAILYN'S MUSIC 2:30PM SNACK & CHAT 3:00PM CARDS/GAMES	13 9:00AM EARLY RISERS 10:15AM JAVA GROOVE 12:30PM PIANO***** 2:00PM STRETCHHHHHH 2:30PM SNACK HOUR 3:00PM WORD FINDERS	14
15	16 9:00AM EARLY RISERS 10:00AM OPINION POLL 10:30AM MONDAY MOVING 11:00AM MEDITATE w/ CHERIE 1:00PM PRODEST MOMENTS 2:30PM SNACKTIME 3:00PM BALLOON V-BALL	17 9:00AM EARLY RISERS 10:00AM NEWS OF NOTE 10:30AM WARM UP FOR KICKBALL! 1:30PM OCTOBER CATEGORIES 2:30PM SNACK TIME 3:00PM ON THE SPOT!	18 9:00AM EARLY RISERS 9:30AM ROCKY & MARY 10:00AM WEIGHTS WORKOUT 10:30AM STARR VISITORS 1:00PM EVERGREEN ARTS CENTER TOUR 2:30PM SNACK HOUR 3:00PM COLORING	19 9:00AM EARLY RISERS 9:30AM VAN & KATIE 10:30AM HAND CARE 11:00AM STRETCH/BALANCE 1:00PM CONRAD SINGS 2:00PM HALLOWEENS PAST 2:30PM SNACK & CHAT	20 9:00AM EARLY RISERS 10:00AM FAVORITES 10:30AM SHOW & TELL 11:00AM FRIDAY CARDIO 12:30PM DEREK & BRONWYN 2:00PM TRIVIA TIME 2:30PM SNACK HOUR	21
22	23 9:00AM EARLY RISERS 10:30AM MONDAY MOVING 10:45AM MTN. PATHWAYS 1:00PM POEMS OF POE 2:00PM WRITE LIKE..... 2:30PM SNACKTIME 3:00PM BAKE DOG BISCUITS	24 9:00AM EARLY RISERS 10:30AM WEIGHTS WORKOUT 11:00AM SING ALONG w/ TOM 1:00PM SENSORY TRAY 1:30PM TEA BAKING TIME 2:30PM SNACK TIME	25 9:00AM EARLY RISERS 9:30AM ROCKY & MARY 10:30AM RUNNING SCRABBLE 11:00AM STRETCHING 12:00PM AUTUMN BRILLIG 1:30PM MEMORIES IN PAINT 2:00PM HALLOWEENS PAST 2:30PM SNACK HOUR	26 9:00AM EARLY RISERS 9:30AM VAN & KATIE 10:00AM NEWS!!! 10:30AM PUMPKIN SHOPPING 11:00AM STRETCH/BALANCE 1:00PM CARVING/PAINTING 2:30PM SNACK & CHAT	27 9:00AM EARLY RISERS 10:15AM MAKE POST CARDS & CARVING/PAINTING 11:00AM FRIDAY CARDIO 12:30PM SING ALONGw/ RICH 2:00PM WRITE POST CARDS 2:30PM SNACK HOUR 3:00PM TGIF!	28
29 8:00AM BREAKFAST---->	30 9:00AM EARLY RISERS 10:00AM PARTY PREP 10:30AM MONDAY MOVERS 11:00AM MUSIC w/ KIM 1:00PM DECORATING 2:30PM SNACKTIME 3:30PM COSTUME TALK	31 HALLOWEEN 9:00AM EARLY RISERS 10:30AM COSTUME PARADE 11:00AM WEIGHTS WORKOUT 1:00PM SPOOKY STORIES W/ GARY ??? 2:30PM GOULISH GOODIES 3:00PM BALLOON V-BALL				

All Activities are subject to change.