

SRC's ADR Activities, January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>BREAKFAST, LUNCH & SNACKS DAILY</p> <p>STRETCHING, YOGA, WEIGHTS, BALANCE WORK DAILY</p> <p>PET VISITORS WEEKLY</p>	<p>1</p> <p>HAPPY NEW YEAR!!</p>	<p>2</p> <p>9:00AM EARLY RISERS 10:00AM HOLIDAY REPORTS 10:30AM WEIGHTS WORKOUT 11:00AM JERRY SINGS 1:00PM JANUARY FACTS 2:30PM FIRESIDE CHAT & SNACK 3:00PM PUZZLE HOUR</p>	<p>3</p> <p>FOOT CLINIC 9:00AM EARLY RISERS 10:00AM CURRENT EVENTS 10:30AM SETTING GOALS 11:00AM STRETCHING! 1:00PM MEMORIES IN PAINT 2:00PM BEGIN DISMANTLE 2:30PM SNACK & CHAT 3:00PM HAND CARE</p>	<p>4</p> <p>9:00AM EARLY RISERS 9:30AM VAN & KATIE 10:30AM WHERE BOOKS GO 1:00PM NEW YEAR'S MUSIC! 2:00PM HAND CARE & STRETCH/BALANCE 2:30PM SNACKTIME 3:00PM CARDS & GAMES</p>	<p>5</p> <p>9:00AM EARLY RISERS 10:00AM JANUARY FACTS 11:00AM FRIDAY CARDIO 12:30PM NEW YEAR'S BINGO w/ KRIS & DIANE 2:00PM FOR THE BIRDS 2:30PM SNACKTIME 3:00PM ABOUT THE BIRDS</p>	<p>6</p>
<p>7</p> <p>COLOR CODES BLUE: LIVE MUSIC GREEN: BUSTRIP RED: SPECIAL EVENT</p>	<p>8</p> <p>9:00AM BREAKFAST CLUB 10:00AM WEEKEND REPORT 10:30AM HAND CARE 11:30AM LUNCH BUNCH 1:30PM CATEGORIES 2:30PM SNACKTIME 3:00PM YOGA MOVES</p>	<p>9</p> <p>9:00AM EARLY RISERS 10:00AM CURRENT EVENTS 10:30AM WORD FINDING 11:00AM BALLOON V-BALL 1:00PM SHOW & TELL 2:00PM FUNNY VIDEOS 2:30PM SNACKTIME 3:00PM SENIOR MOMENTS</p>	<p>10</p> <p>FOOT CLINIC 9:00AM EARLY RISERS 10:00AM STOCK SHOW!! 10:30AM STRETCHING! 11:00AM ROCKY & MARY 1:00PM MEMORIES IN PAINT 2:00PM COMICS, THEN/NOW 2:30PM SNACK & CHAT 3:00PM DRAW YOUR OWN...</p>	<p>11</p> <p>9:00AM EARLY RISERS 9:30AM VAN & KATIE 10:30AM MORE STOCKSHOW 11:00AM STRETCH/BALANCE 1:00PM MAILYN'S MUSIC 2:15PM BIRTHDAY QUIZ 2:30PM SNACKTIME 3:00PM TABLE TOPICS</p>	<p>12</p> <p>9:00AM EARLY RISERS 10:15AM FRIDAY CRAFTS 11:00AM FRIDAY CARDIO 1:00PM WHAT CAN I DO?? 2:00PM DISCUSSION/RECAP 2:30PM SNACKTIME 3:00PM FAVE REMEDIES</p>	<p>13</p>
<p>14</p>	<p>15</p> <p>9:00AM BREAKFAST CLUB 10:00AM CONCENTRATION 10:30AM MONDAY MOVING 11:00AM DEREK & BRONWYN 1:00PM HAND CARE & SENSORY TRAY 2:30PM SNACKTIME 3:00PM THE 60'S</p>	<p>16</p> <p>9:00AM EARLY RISERS 10:00AM NEWS & NOTES 10:30AM HANGMAN 11:00AM WEIGHTS WORKOUT 1:00PM HAND CARE & MIND JOGGERS 2:00PM MIND JOGGERS 2:30PM SNACKTIME 3:00PM LIMMERICKS/JOKES</p>	<p>17</p> <p>9:00AM EARLY RISERS 10:00AM SING WITH RICH! 11:00AM ROCKY & MARY 1:00PM MEMORIES IN PAINT 2:00PM STRETCHING 2:30PM SNACK & CHAT 3:00PM ACCESSORIES CHAT</p>	<p>18</p> <p>9:00AM EARLY RISERS 9:30AM VAN & KATIE 10:00AM HAND CARE 10:30AM STRETCH/BALANCE 11:00AM KIM'S MUSIC 1:00PM TRIP PREP 2:30PM SMOOTHIES! 3:00PM VIDEO HOUR</p>	<p>19</p> <p>9:00AM EARLY RISERS 10:30AM REVERSE SCAVENGERS 12:45PM BALANCING ACT 2:00PM BALLOON V-BALL 2:30PM SNACKTIME 3:00PM WRITERS WRITE</p>	<p>20</p>
<p>21</p>	<p>22</p> <p>9:00AM BREAKFAST CLUB 9:45AM CURRENT EVENTS 10:15AM A.M. MOVIE! 1:15PM MONDAY MOVING 2:30PM SNACK & CHAT 3:00PM RECAP</p>	<p>23</p> <p>9:00AM EARLY RISERS 10:00AM WINTER CRAFTS 11:00AM WEIGHTS WORKOUT 1:15PM OUT TO BOWL! 2:30PM SNACKTIME 3:00PM TABOO</p>	<p>24</p> <p>9:00AM EARLY RISERS 10:30AM STRETCHING! 11:00AM ROCKY & MARY 1:00PM MEMORIES IN PAINT 2:30PM SNACK & CHAT 3:00PM HAND CARE</p>	<p>25</p> <p>9:00AM EARLY RISERS 9:30AM VAN & KATIE 10:00AM HAND CARE & TABLE TOPICS 11:00AM STRETCH/BALANCE 1:00PM CONRAD SINGS 2:00PM FIRESIDE POETRY 2:30PM SNACKTIME</p>	<p>26</p> <p>9:00AM EARLY RISERS 10:00AM NEWS & NOTES 11:00AM FRIDAY CARDIO 12:45PM BINGO w/DIANE and KRIS 2:30PM SNACKTIME 3:00PM MENDELSSOHN'S MUSIC</p>	<p>27</p>
<p>28</p>	<p>29</p> <p>9:00AM BREAKFAST CLUB 10:00AM CURRENT EVENTS 10:30AM LET'S MAKE PIZZA! 11:00AM MONDAY MOVING 1:00PM SHOW & TELL 2:00PM TABLE TOPICS 2:30PM SNACKTIME 3:00PM CARDS & GAMES</p>	<p>30</p> <p>9:00AM EARLY RISERS 10:00AM CROISSANT DAY!! 10:30AM WUZZLES 11:00AM WEIGHTS WORKOUT 1:00PM CLICHES' TALK 2:30PM SNACKTIME 3:00PM FAVORITE CLASSICS</p>	<p>31</p> <p>9:00AM EARLY RISERS 10:00AM STARR VISITORS! 10:30AM STRETCHING! 11:00AM ROCKY & MARY 1:00PM MEMORIES IN PAINT 2:00PM FULL MOON SOCIAL 2:30PM SNACK & CHAT</p>			

All Activities are subject to change.