

SENIORS' RESOURCE CENTER ACTIVITY CALENDAR

FEBRUARY 2019				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SENIOR LUNCHEON 2/5: 11:15 & 1:45 CENTER FOR THE ARTS 2/6: 11:00 & 12:15 WHERE THE BOOKS GO 2/21: 10:30 & 11:45 IMAX 02/25: 10:00 & 12:45				1
				9:00 Dawn Patrol 10:00 Exercise/Moving 11:00 Movie 12:00 Friday Café 12:45- James/Auto Harp 2:30 Snack/Continue Movie
4	5	6	7	8
9:00 Breakfast Club 10:00 Diane & Lucy 11:00 Exercise/Moving 1:00 Country Of Italy 2:30 Snack 3:00 Documentaries	9:00 Early Risers 10:30 Meditation/Breathing 11:15 Senior Luncheon 2:30 Snack 3:00 Watercolors	FOOT CLINIC 9:00 Breakfast Club 10:00 Mary & Dog 11:00 Center For The Arts 1:00 Memories in Paint 2:30 Snack (ice cream cone - RN) 3:00 Golden Girls	9:00 Early Risers 9:30 Van & Katie 10:00 Exercise/Moving 11:00 Mountain Pathways visitor 1:00- Arden/Piano 2:30 Snack 3:00 Bean Bag Tournament	9:00 Dawn Patrol 10:00 Meditation/Breathing 12:00 Friday Café 12:45- Conrad/Guitar 2:00 Italian Architecture 2:30 Snack 3:00 Comedy
11	12	13	14	15
9:00 Breakfast Club 10:00 Diane & Lucy 11:00 Yoga/Stretch 2:00 Italian History 2:30 Snack 3:00 Board Games	9:00 Early Risers 10:00 Exercise/Moving 11:00 Art/Stained Glass 1:00 Kim/Sings 2:30 Snack 3:00 Bowling Games	9:00 Breakfast Club 10:00 Mary & Dog 10:30 Meditation/Breathing 11:00 Artists Of Italy 1:00 Memories in Paint 2:30 Snack 3:00 Nail painting (RN st)	FOOT CLINIC 9:30 Van & Katie 10:00 Yoga/Stretch 11:00 Cartoons 1:00 Mailyn/Guitar 2:30 Snack 3:00 Romantic Comedy	9:00 Dawn Patrol 10:00 Exercise/Moving 12:00 Friday Café 12:45- Bingo 2:00 Golden Girls 2:30 Snack 3:00 Crafts
18	19	20	21	22
PRESIDENT'S DAY - CLOSED	9:00 Early Risers 10:30 Yoga/Stretch 11:00 Musicians Of Italy 1:00 Suzanne/Sings 2:30 Snack 3:00 Bean Bag Tournament	MEMORY CAFE 9:00 Breakfast Club 10:00 Mary & Dog 10:30 Exercise/Moving 11:00 Jokes/Comedy 1:00 Memories in Paint 2:30 Snack/ ballon game (RN st)	9:00 Early Risers 9:30 Van & Katie 10:30 Where The Books Go 2:00 Speaking Italian 2:30 Snack 3:00 Art	9:00 Dawn Patrol 10:00 Yoga/Stretch 11:00 Board Games 12:00 Friday Café 12:45- Rich/Guitar 2:30 Snack 3:00 Bowling Games
25	26	27	28	
9:00 Breakfast Club 10:00 Demver IMAX 2:30 Snack 3:00 Italian Foods SACK LUNCH	9:00 Early Risers 10:00 Meditation/Breathing 11:00 Documentaries 1:00 Painting 2:30 Snack 3:00 Comedy	9:00 Breakfast Club 10:00 Yoga/Stretch 11:00 Movie 1:00 Memories in Paint 2:30 Snack/finish movie	9:00 Early Risers 9:30 Van & Katie 10:30 Exercise/Moving 11:00 Alcohol Inks 1:00 Documentary 2:30 Snack 3:00 Watercolors	
Country studies	ARTS & CRAFTS	VISITORS/SPECIAL GUESTS DOGS	FIELD TRIPS	EXERCISE/WORKING OUT