

## Evergreen Adult Day Team

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*Departure times listed for outings are important in order to arrive promptly for scheduled events and to keep our drivers on time*



SENIORS' RESOURCE  
CENTER



Love is in the air...  
Happy Valentine's Day!

### February Trips

We have many exciting trips planned for February. Please note the departure and return times, so you can plan accordingly.

- **Feb 5:** Senior Luncheon and entertainment at Aspen Ridge Church. Leave at 11:15am, back at 2:00pm
- **Feb 6:** Evergreen Center for the Arts. Leave at 11:00am, back at 1:00pm
- **Feb 21:** Where the Books Go. Leave at 10:30am, back at 12:15pm
- **Feb 25:** Denver IMAX. Leave at 10:00am, back at 1:45pm. **Please send \$10 with your loved one.**

### Dates to Celebrate

- **Feb 1. National Freedom Day.** On February 1, 1865, President Abraham Lincoln signed a joint congressional resolution proposing a 13th Amendment to the United States Constitution, which abolished slavery in the U.S.
- **Feb 5. Chinese New Year,** also known as Spring Festival, is one of the most important celebrations in Chinese culture. The celebrations last 15 days with a myriad of festivities and observed traditions. 2019 is the Year of the Pig.
- **Feb 14. St. Valentine Day,** the patron saint of couples, lovers, bee keepers, and travelers. You probably did not know he is also the patron saint against the plague, fainting and epilepsy.
- **Feb 18. Presidents Day .** This holiday is still legally called "Washington's Birthday to mark our founding father" birthday. **SRC will be closed.**

### Foot Clinic

Wednesday, Feb 6 and Thursday, Feb 14. Please call the front desk for reservation at **303-674-2843**. The cost is \$25.00; make checks payable to Kathy Waggoner, LPN.

### Haircut

Hairstylist Janeen, from Beautiful You, will be back on February 5 from 10:30am to 4:00pm. Discounted costs for haircut are \$20.00 for ladies and \$15 for gentlemen, and beard trims for \$10.00. Seniors in the community as well as our clients and friends are welcome. To reserve a spot, please sign up at the front desk or call **303-674-2843**. Reservations are taken until February 4 at noon.

### Free eye exam and eyeglasses

SRC can now offer assistance for free eye exams and glasses. Please call our main number at **303-674-2843** and ask for PJ Ross. This service is available through a couple of grants, and seniors will be served on a first come, first served basis.

### Adverse Weather

If adverse weather conditions dictate an SRC closure, please call **303-674-2843**. The voice mail will be updated by 4:45am. If weather conditions deteriorate after the clients have been dropped at SRC and roads are unsafe, we will keep them at SRC until road conditions improve.

### More about the Year of the Pig



The Pig is the twelfth of all zodiac animals. According to one myth, the Jade Emperor said the order would be decided by the order which they arrived to his party. Pig was late because he overslept. Another story says that a wolf destroyed his house. He had to rebuild his home before he could set off. When he arrived, he was the last one and could only take twelfth place.

In Chinese culture, pigs are the symbol of wealth. Their chubby faces and big ears are signs of fortune as well.