

SENIORS' RESOURCE CENTER ACTIVITY CALENDAR

NOVEMBER 2018				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			9:00 Early Risers 9:30 Van & Katie 11:00 Robert/Accordian 1:00 Stretch/Body Moving 2:00 Arts 3:00 Snack & Chat	9:00 Early Risers 10:00 Sherri/Meditation 12:00 Friday Café 12:45 Kris/Bingo 2:30 Snack & Movie
5	6	7	8	9
9:00 Breakfast Club 10:00 Diane & Lucy 11:00 Stretch/Moving 1:00 Amy/Crafts 2:30 Snack 3:00 Chat/Sing Alongs	9:00 Early Risers 10:30 Arden/Piano 11:30 Leslie/Therapy 1:30 Show & Tell 2:30 Snack & Chat 3:00 Board Games (LATE LUNCH)	FOOT CLINIC 9:00 Early Risers 10:00 Mary & Dog 11:00 Derek & Brownyn 1:00 Memories in Paint 2:30 Snack & Music History	9:00 Early Risers 9:30 Van & Katie 10:30 Strech/body Moving 1:30 Cooking 2:30 Snack and Chat	9:00 Early Risers 10:30 Trivia/Board Games 12:00 Friday Café 12:45 Derek & Brownyn 2:30 Snack & Movie
12	13	14	15	16
9:00 Breakfast Club 10:00 Diane & Lucy 11:00 Stretch/Moving 1:00 Golden Girls 2:30 Snack 3:00 Chat/Sing Alongs	9:00 Early Risers 10:30 Library Visit 1:00 Crafts 2:00 Kim/Sings 2:30 Snack & Chat 3:00 Cards/Dominoes	9:00 Early Risers 10:30 Cards & Games 12:45 Stephen/Guitar 2:00 Memories in Paint 2:30 Snack & Memory Exercises	FOOT CLINIC 9:00 Early Risers 9:30 Van & Katie 11:00 Gretchen/Make Over 1:00 Stretch/Body Moving 2:00 Arts 3:00 Snack & Chat	9:00 Early Risers 10:00 Jeremy/Guitar 12:00 Thanksgiving Meal at Lake 2:30 Snack & Movie (NO LUNCH)
19	20	21	22	23
9:00 Breakfast Club 10:00 Diane & Lucy 10:30 Arden/Piano 1:00 Popcorn & Movie 2:30 Snack 3:00 Chat/Sing Alongs	9:00 Early Risers 11:00 Leslie/Therapy 12:45 Conrad/Guitar 2:30 Snack & Board games	9:00 Early Risers 10:30 Cards & Games 1:00 Rich/Guitar 2:00 Memories in Paint 3:00 Snack & Music History		
26	27	28	29	30
9:00 Breakfast Club 10:00 Diane & Lucy 1:00 Golden Girls 2:30 Snack 3:00 Amber/Massage	9:00 Early Risers 10:30 Scenic Drive 1:00 Crafts 2:00 Suzanne/Sings 3:00 Snack & Cards/Dominoes	9:00 Early Risers 10:30 Moving/Exercise 1:00 Memories in Paint 2:30 Snack & Chat 3:00 Memory Exercises	9:00 Early Risers 9:30 Van & Katie 11:00 Cactus Jack's 1:00 Maily/Guitar 2:00 Cooking 3:00 Snack & Chat (NO LUNCH)	9:00 Early Risers 10:00 Sherri/Meditation 11:00 Trivia/Board Games 12:00 Friday Café 12:45 Hans/Accordian 2:30 Snack & Movie
COOKING	ARTS & CRAFTS	VISITORS/SPECIAL GUESTS	DOGS	FIELD TRIPS