

## Evergreen Adult Day Team

Lourdes Yun  
Program Manager  
[lyun@srcaging.org](mailto:lyun@srcaging.org)  
720-236-1179

Jeremy Bogan  
Activity Coordinator  
[jbogan@srcaging.org](mailto:jbogan@srcaging.org)  
303-674-2843 x 310

Judy Helm  
Program Assistant  
303-674-2843 x 310

Donna Bristol  
Program Assistant  
303-674-2843 x 310

Michaela Sanders  
Program Assistant  
303-674-2843 x 310

Cindy Walker  
Transportation  
303-679-2552

*Departure times listed for outings are important in order to arrive promptly for scheduled events and to keep our drivers on time*



SENIORS' RESOURCE  
CENTER

Please welcome **Donna Bristol and Michaela Sanders** as our new Program Assistants!

Michaela is a nursing student who is working with us two days a week until June when she graduates. Donna works three days a week and will transition to full-time in June when Michaela leaves. They are both delightful and great assets to our program. If you have not met them yet, please be sure to stop by and say Hi!

### March Trips

- **March 4:** Scenic drive. Leave SRC at 11:00 am, back at 12:00 pm
- **March 11:** Evergreen Center for the Arts. Leave SRC at 10:45 am, back at 12:30 pm
- **March 19:** Highland Ranch Museum. Leave SRC at 11:00 am; back at 2:00 pm

### Dates to Celebrate

- **March 3. Caregiver Appreciation Day.** This is a very important day of recognition for millions of Americans who take care of their loved ones. You can show your appreciation for a caregiver by doing simple things such as getting the car washed, picking up the dry cleaning or offering to go to the grocery store.
- **March 6. Ash Wednesday.** This is the first day of the Christian season of Lent that lasts for 46 days.
- **March 17. Saint Patrick's Day.** The day commemorates Saint Patrick and the arrival of Christianity in Ireland, and celebrates the heritage and culture of the Irish people in general.

### Adverse Weather

If adverse weather conditions dictate an SRC closure, please call **303-674-2843**. The voice mail will be updated by 4:45 am. If weather conditions deteriorate after the clients have been dropped at SRC and roads are unsafe, we will keep them at SRC until road conditions improve.

The **Foot Clinic has been cancelled** until further notice. Kathy Waggoner suffered some injury and is uncertain when she will be able to resume the Foot Clinic. We wish her a quick recovery and we will let you know when she is back.

**Free eye exam and eyeglasses**

SRC can now offer assistance for free eye exams and glasses. Please call our main number at **303-674-2843** and ask for PJ Ross. This service is available through a couple of grants, and seniors will be served on a first come, first served basis.



**A visitor from the Animal Farm!**

**More about the Saint Patrick**



Patrick was a 5th-century Romano-British Christian missionary and bishop in Ireland. It is believed that he was born in Roman Britain in the fourth century. At the age of sixteen, he was kidnapped by Irish raiders and taken as a slave to Ireland where he spent six years working as a shepherd. It was during this time that he found God, and after returning home, Patrick went on to become a priest.

According to tradition, Patrick returned to Ireland to convert the pagan Irish to Christianity. It is also believed that he spent many years evangelizing in the northern half of Ireland and converted "thousands" of people.

Tradition holds that he died on 17 March. Over the following centuries, many legends grew up around Patrick and he became Ireland's foremost saint. (source: Wikipedia)

